Our Outreach Team and partners deliver other groups/courses across our centres. For more information contact your local Children's Centre:

REAL

Raising Early Achievement in Literacy -A 6 week course for children over 2yrs old to attend with parents/carers to promote ways in which you can support your child's literacy development.

CAPS Baby Incredible Years

A 6 week course providing parents with information and ideas to support attachment and bonding. For babies 0-4 months.

CAPS Incredible Years Parenting Programme

A 14 weeks course building parents skills and confidence in managing challenging behaviour, developing relationships and supporting your child's development. For children 2yrs-4yrs.

Weaning Sessions

Session to provide advice and support through the weaning process. Held once a month at Moston Children's Centre. To book your place call the Health Visiting Team on 0161 684 9264.

Outreach Service

Our team of Outreach Workers are available at all our centres to support families with children 0-5yrs.

Outreach Workers can support you with a variety of areas such as money issues, home safety equipment, child development, parenting, childcare, adult education...and many more.

Early Help Assessment

Our Outreach Worker's use the Early Help Assessment Tool for our families requesting extra support. This assessment tool is a conversation to ensure you receive the right support to achieve the best outcomes for your family.

If you feel you would benefit from a conversation with a member of our outreach team, please call your local Children's Centre.

Bump to Baby Programme

5 week antenatal programme for mums to be, dads and birthing partners to help navigate the early stages of parenthood which covers bonding, attachment and baby care.

Baby Bag Sensory Course

6 week sensory sessions promoting the importance of sensory play with babies. Attendees also get a bag of sensory equipment.

The Northern Contraception Clinic

to book an appointment go on online to www.the northernsexualhealth.co.uk





Enjoy, learn and achieve, together we will succeed!

Collyhurst Children's Centre Teignmouth Ave M40 7QD 0161 205 1744

Moston Children's Centre Adrian Street M40 5EA 0161 205 7058

Newton Heath Children's Centre Great Newton Street M40 1GX 0161 510 0066

Miles Platting & Ancoats Children's Centre Holland Street M40 7DA 0161 277 6970

Opening times: 8.30am-4pm

collyhurstmostonnewtonheathmilesplattingCC

Please call your local Children's Centre if you would like more information on our Outreach service, Children's Centre groups/activities or additional Services provided by our partners.

Moston Children's Centre

Monday: Child Development Reviews To book an appointment please call the Health Visiting Team on 0161 684 9264.

Crafty Co-op Group 1pm-3pm- Drop in creative craft group.

Tuesday: Stay, Play and Learn (Term Time Only) 10am-11.30am - to book on 0161 205 7058 at 8.30am on the day.

Wednesday:

Baby Massage (Health Visitor led, Moston residents only) - to book on call 0161 684 9264.

Well Baby Clinic 9.30am-10.45am - Health Visitor drop in.

Self Help Counselling Service To make a self referral call 0161 226 3871.

Thursday: Antenatal Clinic to book an appointment call 0161 720 2133.

CAPS Incredible Years Parenting Programme

for more information call the centre on 0161 205 7058.

Friday: Birth Registration book online at www.manchester.gov.uk/birthsmarriagesde

aths.

Lets Get Moving (Term Time Only) 10am-11:30am - Physical activity session for children 9months to 2yrs. To book on call 0161 205 7058 at 8.30am on the day.

Moston Sensory Room

Our sensory room is available for bookings throughout the week. Call the centre on 0161 205 7058 for more information.

Newton Heath Children's Centre

Monday:

Stay, Play and Learn (Term Time Only) 10am-11:30am - to book on call 0161 510 0066 at 8.30am on the day.

Infant Feeding Team 12pm - 1.30pm - Advice and support for infant feeding. To book an appointment call 0161 741 2043.

Wednesday: CAPS Incredible Years Parenting Course for more information call the centre on 0161 510 0066

Bump to Baby Course

1pm-3pm - 5 week antenatal programme for mums to be and partners. For more information call 0161 510 0066.

Thursday:

Antenatal Clinic To book an appointment call 0161 720 2133.

Friday: Self Help Counselling Service To make a self referral call 0161 226 3871.

Collyhurst Children's Centre

Tuesday: Early Help Parenting Course For more information call the Early Help Hub on 0161 234 1973

Thursday: Messy Play and Learn (Term Time Only) 10am-11.30am - to book on call 0161 205 1744 at 8.30am on the day.

City Play Together (Starts 5th June) 3.30pm-4.30pm - Physical activities for children 2yrs-5yrs delivered by Manchester City Coaches. (TERM TIME ONLY)

Miles Platting & Ancoats Children's Centre

Monday:

Well Baby Clinic

1pm-2.30pm - Health Visitor drop in session, fortnightly. For more information call 0161 277 6970.

Wednesday:

Stay, Play and Learn (Term Time Only) 10am-11.30am - to book on call 0161 277 6970 at 8.30am on the day.

City Play Together (Term Time Only) 10am-11.30am - Physical activities for children 2yrs-5yrs delivered by Manchester City Coaches. To book on call 0161 277 6970 at 8.30am on the day.

Baby Massage

(Health Visitor Led, Miles Platting/ Ancoats residents only) to book on call 0161 683 2536.

Antenatal Clinic

to book an appointment call 0161 720 2133.

Thursday:

Baby Bag Sensory Course

6 Week sensory course for babies 0-9months. For more information call 0161 277 6970.

Self Help Counselling Service To make a self referral call 0161 226 3871.

Walking Mum's Club

For more information and to book a place use the QR Code or see Facebook: @walking mums club



Miles Platting Community Library Lower Vickers Street, M40 7LJ

Thursday: Story and Rhyme Time 1.15pm-2pm - Turn up and join in!