

Spiritual Development in PE

During the range of activities that children participate in, whether core PE lessons or extra-curricular PE sessions, they develop a sense of enjoyment and fascination in learning about themselves, others and the world around them. Children are consistently encouraged to use their imagination and creativity in their learning.

Moral Development in PE

PE in general teaches students about code of conduct, etiquette, handshakes before and after matches, applauding the opposition, fair play, unwritten rules and sportsmanship. In every lesson children abide by the rules and regulations, gaining a good understanding of rules of sport and the importance of infringements such as penalties and red cards allow children to understand the consequences of their actions which in turn helps them apply this understanding to their own lives.

Children are taught that the only way you can achieve in sport to a high standard is if you work hard and if you can discipline yourself to train and apply yourself.

Moral education in PE also involves pupils having the opportunity to understand how PE can influence their healthy living and lifestyle.

Social Development in PE

Children in PE use of a range of social skills in different contexts, including working and socialising with pupils from different backgrounds, cooperating well with others and being able to resolve conflicts effectively. In lessons, children have the chance to lead warm-ups, skill practices and officiate games to enhance social skills.

Sports activities at lunchtime and after-school focus upon developing pupils social skills such as meeting new people, communicating with others and how to communicate with adults i.e. referees.

Cultural Development in PE

PE encourages a willingness to participate in sporting opportunities that will help to develop positive attitudes towards different religious, ethnic and socio-economic groups in the local, national and global communities.

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Other examples of Spiritual, Moral, Social and Cultural Education in PE include:

- Pupils reflecting on values surrounding competition which includes 'winning at all costs' as well as sportsmanship and fair play
- Pupils learning to handle success and defeat with dignity
- Giving time for focus group discussions on lesson objectives and outcomes as well as listening to other people's opinions and giving feedback
- Pupils being introduced to tactics and strategies in sport

- Pupils developing their moral stance through developing a sense of fair play and positive sporting behaviour as well as reflecting on the need for rules
- Pupils discovering the role of sport and dance in society and the arts as well as learning dances from different traditions
- Pupils becoming aware of different cultural attitudes towards aspects of physical activity